

Benefits of Alkaline Water

Video Transcript

The testimonials displayed in this presentation are provided by real people who have experienced the benefits of drinking mineral alkaline water first hand. They provide their testimonials in order to let other people know of their experiences. As every person is different, your individual results may vary.

For centuries explorers from around the world have searched for magical water, a curative spring, the fountain of youth where pure and refreshing water could make the body healthy, preserve it, and turn back the hands of time. Even in modern times, the search for healing water continues.

When scientists conducted experiments on places where water is said to have miraculous properties, like Lourdes in France and Glacial streams in the Himalayas, they made an amazing and important discovery. The pH-levels of these beneficial waters tend to be very alkaline and highly ionized. About 40 years ago, Russian scientists ran ordinary water past magnetically charged plates and devised a simple method of separating water into two streams, one alkaline and one acidic, a process called ionization. This early ionization technology has been advanced and improved to a point that now simple tap water can be literally transformed into living, energized water with a wealth of life-changing properties.

It's here now, and has helped change the lives of billions of people. It's called alkaline ionized water. This amazing water is like no other, containing millions of age-fighting anti-oxidants in every glass. It super-hydrates the body, supplies important calcium and oxygen and, most importantly, helps eliminate harmful toxins and wastes.

Joe Pascazio, business owner, La Verne, CA: "The sickness that I used to have, the ulcer, the allergy, they're all gone. The stiffness of my fingers, they're all gone."

Richard J. Murray, Sales Manager, Buntington Beach, CA: "My digestive system had changed. My cravings for food had changed, and I started to feel a lot better than I had ever felt."

Mirasol K. Santiago, Human Resources, Los Angeles, CA: "I'd been drinking the alkaline water, now I have no more pain."

Gavin Dickinson, Sales, Reno, NV: "I've been drinking alkaline mineral water for approximately 7 months and I've lost 45 to 50 pounds."

Alkaline ionized water is loaded with negatively charged hydroxyl [1 hydrogen + 1 oxygen] ions which acts as powerful and pervasive antioxidants in the body actively seeking out positively charged free radicals in the body that wreak havoc on our cells.

Dr Robert O. Young, P.H.D.: “When we take antioxidants we’re helping to neutralize the acid produced through metabolism.”

Dr. Nancy McCollan, DC, Dallas, TX “If you really need protection, nothing is more powerful than this water.”

Alkaline ionized water is actually restructured during ionization which significantly improves hydration, because the water becomes easier for the body to absorb and utilize. Perhaps most importantly alkaline ionized water can help give your body back its own ability to function at its highest level and maintain a proper pH balance of 7.4 by providing a rich source of alkaline minerals, like calcium, magnesium and potassium that the body can easily use.

Dr. Young: “The body will do everything it can to maintain that alkalinity by pulling electrons from the water we drink or the food we eat to maintain the delicate pH balance of the most important fluid of the body, and that’s the blood.”

The body has to work very hard to maintain its pH level, because we are constantly producing acid wastes. Nutrients from our food are delivered to our cells which they burn with oxygen to provide energy for us to live leaving byproducts, or wastes, which are almost always acidic. Our blood stream would normally just pick up these wastes and filter them through the liver, kidneys, colon or skin for elimination, but our high-stress lifestyles, lack of rest, type of foods we eat, toxins or pollutants we’re exposed to and a myriad of other factors impact our body’s ability to dispose of acidic wastes quick enough. So, the body plays a clever trick, it varies acidic wastes to solid wastes then storing the solid wastes in less critical areas, like arteries, capillary blood vessels or fat tissues.

Dr. Young: “See, most people don’t understand the obesity equation. Obesity is the body in a perfect way protecting itself against over acidity.”

Some scientists even suspect that it’s the accumulation of acidic wastes that triggers aging and disease.

Dr. Young: “My foundational theory is that there is only one sickness and one disease, and that’s the over acidification of the blood and tissues. What causes this? Lifestyle and dietary choices, so all disease is a consequence of choice, what we’re eating, what we’re drinking and what we’re thinking.”

Dr. McCollan: “I have several patients who have been drinking this alkaline ionized water. They have noticed that they...one fellow got rid of his gout. Another woman got rid of her arthritis. Several have reported their constipation is completely gone. Bloating is completely gone in several of my patients.”

Alkaline ionized water is recognized in both Korea and Japan to be of such therapeutic value that it has been used extensively in hospitals and clinics in both countries for more

than 20 years to help with diseases such as diabetes, hypertension, psoriasis, arthritis, cancer and many other debilitating diseases.

Dr. Young: “We’ve seen some amazing things, not only in our own clinic, we’ve seen amazing things in Japan and Korea that substantiates on a clinical basis [ex., foot saved from amputation] the efficacy of drinking alkaline water and using acidic water on the skin. If someone was to ask, ‘what is the one thing that I could do to have better health?’ The answer would be very simple, ‘Start drinking alkalized and ionized water.’ Even if you’re eating acidic foods, the most important thing is to start putting in the electron rich alkaline fluids to neutralize those acids from the foods that you are eating and help to maintain that alkaline design.”